

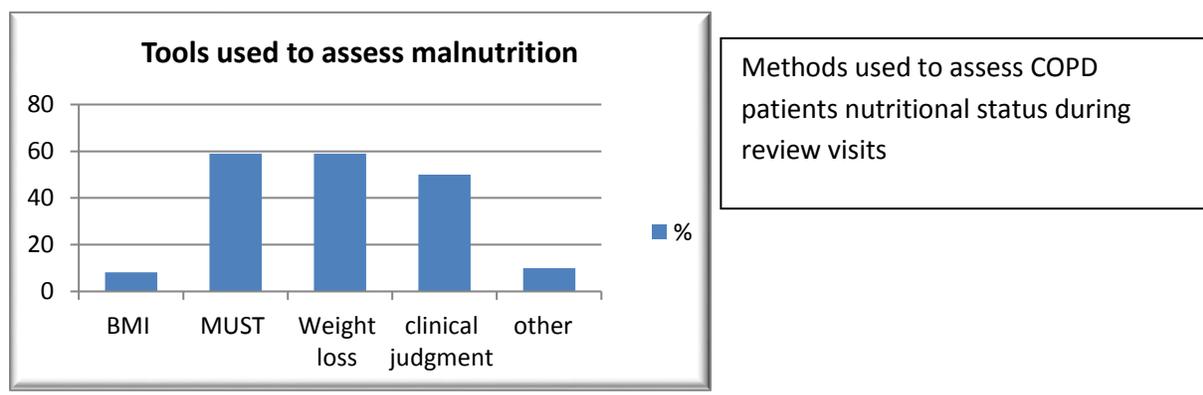


### COPD and Malnutrition Questionnaire Results from ARNS conference 2017

Thank you for taking the time to complete the questionnaire at the ARNS 2017 Conference in Loughborough. We had 47 responses in total.

The main insights from the questionnaire were:-

Just over half of respondents (52%) said that they carry out a nutritional assessment at every visit with 42 % only doing assessments if they had concerns. BMI is still the most common recorded assessment being used by 75% of HCP to assess Nutritional status with 59 % completing a full MUST score.



Awareness of the COPD Malnutrition pathway is high 92% but only 46% of HCP who were aware of the pathway said they follow it as part of their COPD care.

48% of nurse prescribers said they had initiated an Advanced Medical Nutrition and the entire physio's who responded had referred a patient to the GP to initiate an ONS due to concerns.

The main reason for RNS not to prescribe a supplement was that they felt the patient should see a dietician first (66%) in line with the guidelines for the Trust or CCG. Although 2% said that they did not feel they had sufficient knowledge around what to prescribe.

In order to help support HCP confidence in initiating Advanced Medical Nutrition, Nutricia are running a study day on the 24<sup>th</sup> July 2017 at Nutricia offices in Chiswick Park which will focus on the effects of Malnutrition in COPD and review the evidence around the benefits of using supplements to improve the protein and calorie intake of malnourished patients. The training is RCN accredited and would take the form of a one day workshop. It is hoped that having attended the work shop individuals would feel confident to deliver the RCN accredited training to their Colleagues. If you would be interested in attending this study day please email Jo Lessells MSL Advanced Medical Nutrition, at [Joanne.lesells@nutricia.com](mailto:Joanne.lesells@nutricia.com) or call 07500 577889