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ARNS Conference – Wednesday 13th May 2026 Chiesi Sponsored Symposium

Attendance includes a 3-course dinner and accommodation on the evening of the 13th May and is free to all conference delegates who are healthcare professionals.

Delegates **MUST** attend the symposium to qualify for free accommodation. If you do not attend, then you will be liable for the full cost.

Further details on how to apply will be sent to you following completion of your conference registration.

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| 18:00 | Registration |
| 18:30:19:30 | <p>Chairs: Maria Parsonage & Iain Wheatley -</p> <p>Title: Triple Therapy in the Real World in Asthma - New Real-World Data</p> <p>Speaker: Helena Cummings - Senior Respiratory Nurse Specialist and Advanced Clinical Practitioner</p> <p><i>This session has been organised and funded by Chiesi Ltd and contains promotional content. The symposium is for UK healthcare professionals only.</i></p> |
| 19:30 | Dinner |

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| ARNS Conference – Thursday 14th May 2026 | | | |
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| 08:00 | Registration, refreshments and exhibition – Level 14 | | |
| 08:45 –09:00 | Introduction and welcome – Maria Parsonage, ARNS Chair | | |
| 09:00 –09:45 | <p>Keynote Speaker - Cathedral Ballroom Chair: Maria Parsonage</p> <p>Title: When the Dust Settles: Lessons from a life in disaster</p> <p>Speaker: Professor Lucy Easthope – WR Partners</p> | | |
| 09:45 –10:15 | <p>Respiratory transformation partnerships – Cathedral Ballroom Chair: Maria Parsonage /Iain Wheatley</p> <p>Title: Driving transformation through partnerships in respiratory care</p> <p>Speaker: Seema Gadhia, Associate Director Health Innovation Oxford and Sarah Elkin, Consultant in Integrated Respiratory Medicine, Clinical Lead of COPD- Neighbourhood, Respiratory Transformation Program - Health Innovation Oxford and Thames Valley</p> | | |
| 10:15 – 11.00 | <p>Session 1 - Cathedral Ballroom Chair: Joyce Pang</p> <p>Title: Women’s health and the link to Asthma and COPD.</p> <p>Speaker: Christine Mwasuku – Respiratory specialist nurse & PHD Candidate – Kings College London & Guys Hospital</p> | | |
| 11.00 – 11:30 | Refreshments and exhibition | | |
| 11:30 – 12:15 | <p>Sponsored symposium – AstraZeneca - Cathedral Ballroom Chair: Kate Lippiett and Aleks Gawlik-Lipinski</p> <p>Title: From Data to Action in COPD—Patient-Centred, Planet-Conscious</p> <p>Speakers: Gail Mckeown - Respiratory Strategic Lead for South Eastern Trust, Northern Ireland Tanya Howells – Respiratory Nurse, Hywel Dda University Health Board, Wales David Shuckman – Visiting Professor (LSE) and author</p> | | |
| 12:20 – 12:50 | <p>Session 2 - Cathedral Ballroom Chair: Vivienne Marsh</p> <p>Title: Young People in Healthcare</p> <p>Speaker: Nicky Pettitt, Consultant Nurse for Youth &</p> | <p>Session 3 – Cedar 1 Chair: Emma Rickards</p> <p>Title: Putting nursing on the front foot Introducing a framework to help nurses to feel more confident in caring for patients in situations such as pandemics, or when</p> | <p>Session 4 – Cedar 2 Chair: Gem Barton</p> <p>Title: Optimising patient consultation</p> <p>Speaker: Anna Murphy, Consultant Pharmacist – Respiratory medicine at</p> |

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| | Transition at University Hospitals Birmingham | medical diagnoses are unclear or unavailable conference. Speaker: Ann McMahon, Honorary Professor, Plymouth University, Honorary Senior Teaching Fellow, University of Glasgow and Andrée le May - Professor Emerita of Nursing at University of Southampton | University Hospitals of Leicester NHS Trust |
| 12:50 – 13:20 | Poster viewing – Session 1 - Cathedral Ballroom Kate Lippiett and Aleks Gawlik-Lipinski P1 – Holly Avery P3 – Michelle Clark P5 – Samuel Clark P7 – Rachel Daly P9 - Aleksandra Gawlik-Lipinski P11 – Aleksandra Gawlik-Lipinski P13 – Kate Gillett P15 – Clare Guyon P17 – Joanne Hewitt P19 – Lynn Johnston P21 – Rachel McGonagle P23 – Marc Rodriguera P25 – Sharon Stothard P27 – Karen Watkins P29 – Iain Wheatley | | |
| 13:20– 14.00 | Lunch and exhibition | | |
| 14.00 – 14:30 | Case Studies / Workshop / Practice experiences / Research | | |
| | Session 5: Cathedral Ballroom Chair: Joyce Pang Title: Biologics - the new era in COPD management. Speaker: Kerry Woodward, Respiratory Nurse Specialist, Community Respiratory Integrated Service lead at Hampshire and Isle of Wight Healthcare NHS Foundation Trust | Session 6: Cedar 1 Chair: Helena Cummings Title: Why are people with asthma more likely to receive antibiotics? Perspective from healthcare professionals and patients Speaker: Nour Odeh, Clinical Research Lead and Postgraduate Researcher at Oaks Healthcare & University of Southampton | Session 7: Cedar 2 Chair: Maria Eurton Title: Spirometry competency framework – a work-based solution to support quality assurance Speaker: Claire Adams, Respiratory Clinical Lead at North-East and North Cumbria ICB |
| 14:35 – 15:20 | Sponsored Symposium – GSK - Cathedral Ballroom <i>This promotional symposium for UK HCPs & ORDMs only has been organised and funded</i> | | |

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| | <p><i>by GSK, including speaker costs. GSK has contributed to the agenda, content, and the selection of the speakers for this symposium.</i></p> <p>Chair: Emma Rickards</p> <p>Title: Exploring COPD Management Options: Inhaled Triple Therapy and Biologics</p> <p>Speaker: Richard Russell & David Barber</p> |
| 15:20 – 15:50 | Refreshments and exhibition |
| 15:50 – 16:20 | <p>Session 8 - Oral Presentations - Cathedral Ballroom Chair: Donna Peat and Kayleigh Brindle</p> <p>The positive impact of Patient & Public Involvement & Engagement in research exploring the experiences and support needs of young adults with severe asthma – Leanne-Jo Holmes</p> <p>Empowering general practice nurses to provide high quality respiratory care - Kate Gillett</p> |
| 16:20 – 16:50 | <p>ARNS Got Talent - Cathedral Ballroom Nominees for Respiratory Excellence Chair: Maria Parsonage / Iain Wheatley</p> |
| 16.50 – 17.20 | Choir: Lungs United Respiratory Patient Choir |
| 19:00 | Drinks reception |
| 19:30 | Gala dinner and awards ceremony |



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| ARNS Conference – Friday 15th May 2026 | | | |
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| 08:00-08:30 | Optional wellbeing sessions: Singing/Laughing Laughing – Cedar 1 Singing – Cedar 2 | | |
| 08:30 -09:00 | Registration, refreshments and exhibition | | |
| 09:00 –09:05 | Vice Chair - Introduction and Welcome - Cathedral Ballroom Iain Wheatley, ARNS Vice Chair | | |
| 09:05 – 09:45 | Keynote Speaker: Cathedral Ballroom Chair: Iain Wheatley Title: Respiratory health and nature and the climate Speaker: Pippa Heylings MP – Houses of Commons | | |
| 09:45 –10:15 | Session 1 – Oral presentations - Cathedral Ballroom Chair: Helena Cummings Interstitial Lung Disease-specific Fatigue and Breathlessness (ILD-FAB) Programme Pilot – Jessica Mandizha Culturally tailored pulmonary rehabilitation pilot for a Nepalese community: feasibility and outcomes – Rita Gurling | | |
| 10:15 – 10:45 | Refreshments and exhibition | | |
| 10:45 –11:15 | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> Session 2 - Cathedral Ballroom Chair: Iain Wheatley Title: Lincolnshire Community Health Services Speakers: Kate Parrott, Lincoln County Hospital and Ruth Crowder, Respiratory Nurse Specialist and Clinical Team Lead, Lincoln County Hospital </td> <td style="width: 50%; vertical-align: top;"> Session 3: Cedar 1 Chair: Amanda Smalley Title: Bronchiectasis at the Edge: Elevating Care and Raising the Alarm on Exacerbations Speaker: Rachel Daly, Lead Nurse Airways / Bronchiectasis Lead, NHS MFT Manchester </td> </tr> </table> | Session 2 - Cathedral Ballroom Chair: Iain Wheatley Title: Lincolnshire Community Health Services Speakers: Kate Parrott, Lincoln County Hospital and Ruth Crowder, Respiratory Nurse Specialist and Clinical Team Lead, Lincoln County Hospital | Session 3: Cedar 1 Chair: Amanda Smalley Title: Bronchiectasis at the Edge: Elevating Care and Raising the Alarm on Exacerbations Speaker: Rachel Daly, Lead Nurse Airways / Bronchiectasis Lead, NHS MFT Manchester |
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| 11:20 -12:05 | Sponsored symposium – Trudell - Cathedral Ballroom Chair: Rachel Daly Title: "Good Vibrations" - OPEP Devices in Practice Speakers: David Barber, Advanced Practitioner, LHCH Knowsley Community Respiratory Service Rachael Colclough, Consultant Physiotherapist Respiratory Medicine, University Hospital Birmingham, Clinical Therapy Lead for Pulmonary Rehabilitation - West Midlands NHSE/I | | |

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| 12.05 – 12.15 | AGM – Members only | |
| 12:15 –12:35 | Poster viewing – Session 2 - Cathedral Ballroom Kate Lippiett and Aleks Gawlik-Lipinski P2 – Ceri Banks P4 – Michelle Clark P6 – Rachelle Clark P8 – Claire Fisher P10 – Aleksandra Gawlik-Lipinski P12 – Aleksandra Gawlik-Lipinski P14 - Kimberley Grice P16 – Clare Guyon P18 - Leanne- Jo Holmes P20 – Kate Lippiett P22 - Oluchi Emma Okoroafor P24 – Amanda Smalley P26 – Jenna Swale P28 – Rebecca Waye | |
| 12:35-13:15 | Lunch and exhibition | |
| 13:15 –13:50 | Case Studies / Workshop / Practice experiences / Research | |
| | Session 4: Cathedral Ballroom Chair: Lucy Speakman Title: Practice experience and research - Career as a Respiratory nurse (career progression) Speaker: Natalie Harper, Respiratory Consultant Nurse at Dorset County Hospital NHS Foundation Trust | Session 5: Cedar 1 Chair: Leanne-Jo Holmes Title: Mesothelioma Speaker: Maria Parsonage/Gemma Barton Title: Women with Mesothelioma and cosmetics Speakers: Oliver Collett, Irwin Mitchell & Hannah Wall, Irwin Mitchell |
| 13:55 – 14:30 | Session 6: Cathedral Ballroom Chair: Donna Peat Title: Pulmonary Hypertension: the nursing role and an ILD-related case study Speakers: Emma Rickards, Consultant Respiratory Nurse, Liverpool Heart & Chest NHS Foundation Trust and Jessica Mandizha, Research Fellow, University of Birmingham | Session 7: Cedar 1 Chair: Dave Barber Title: Breathing pattern disorder assessment and management Speakers: Ruth Thomas, Respiratory Nurse Consultant at AIRS Clinic, Milton Keynes and Vicki Wilson, Respiratory Specialist Nurse/Home Oxygen at AIRS Clinic, Milton Keynes |
| 14:35 –15:05 | Session 8: Cathedral Ballroom Chair: Joanne King Title: When the professional becomes a patient (Asthma) Speaker: Sharon Stothard, Respiratory and Sleep Clinical Nurse Lead, South Tyneside and Sunderland Foundation Trust | |
| 15:05 – 15:15 | Competition Prize Awards and Close of Conference Chair: Maria Parsonage and Iain Wheatley | |

Thank you to our Partners

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