



Association of Respiratory
Nurse Specialists

Annual Conference 2023

ARNS Conference – Wednesday 10th May 2023

AstraZeneca Sponsored Symposia – 7.15pm-9.30pm

Attendance includes a 3-course dinner and accommodation on the evening of the 10th May and is free to all conference delegates.

Delegates **MUST** attend the symposium and dinner to qualify for free accommodation. If you do not attend then you will be liable for the full cost.

This can be booked at the same time as your conference registration.

18:00	Registration
19:15 John Charles Suite	<p>Sponsored Symposium: AstraZeneca Title: Transforming COPD Care – COPD mortality: addressing preventable deaths from cardiopulmonary events Chairs: Sarah Kearney & Karen Heslop-Marshall Speakers: Jodie Storrow - <i>Clinical Operations Manager for Integrated Care at Coventry and Warwickshire Hospitals</i> Corrine Steele - <i>Respiratory Nurse Specialist East & North Hertfordshire</i></p>
19:50 John Charles Suite	<p>Sponsored Symposium: AstraZeneca Title: Mild, moderate and severe asthma: reality or myth? Chairs: Sarah Kearney & Karen Heslop-Marshall Speaker: Beverley Bostock - <i>RGN MSc MA QN - Advanced Nurse Practitioner, Mann Cottage Surgery Asthma Lead, Association of Respiratory Nurse Specialists Primary Care Cardiovascular Society Council Member Editor in Chief, Practice Nurse Journal</i></p>
20:30	Dinner

ARNS Conference – Thursday 11th May 2023

08:30	Registration, refreshments and exhibition		
09:30 Palm Court	Chair's Introduction and welcome Alison Hughes - <i>Clinical Matron for Specialist Services, Solent NHS Trust</i>		
09:45 Palm Court	Keynote Speaker – The Value of Specialist Nursing Chair: Alison Hughes Professor Alison Leary - <i>Chair of Healthcare & Workforce Modelling, London South Bank University</i>		
10:30 Palm Court	Session 1 – Nursing Times award winners – Chronic cough and urinary incontinence Chair: Rachel Daly Sarah Hennessey - <i>Clinical Nurse Specialist - chronic cough, Manchester University NHS Foundation Trust</i>		
11:00 Queens Ballroom	Refreshments and exhibition		
11:45 Palm Court	Sponsored symposium - Chiesi Title: The Patient, Us and the Environment Chair: Iain Wheatley Jane Scullion - <i>Independent Respiratory Consultant Nurse, Associate Expert Witness for Bush and Co, UK Inhaler Group Educational Lead, member of the European Inhaler Group Aerosol Drug Management Improvement Team (ADMIT) and member of East Midlands Clinical Senate.</i>		
12:15 Palm Court	Session 2 – Spirometry Debate - 'Spirometry - to do or not to do - that is the question' Chair: Maria Smith Beverley Bostock Cox - <i>Asthma Lead, Mann Cottage Surgery, Moreton in Marsh</i> Christine Loveridge - <i>Respiratory Nurse and Trainer, Spirometry Training and Consultancy</i>		
13:00 Palm Court	Oral presentations Chairs: Karen Heslop-Marshall Exploring the benefits of a psychoeducation session for patients with chronic obstructive pulmonary disease (COPD) and co-morbid depression and/or anxiety within a pulmonary rehabilitation programme – Karen Hailes A survey to understand which health professionals measure peak inspiratory flow rate during the assessment, selection, or prescribing of inhaler devices, how often it is measured, and in what circumstances – Andrew Booth The “vicious circle” of chronic cough – Kayeigh Brindle		
13:30 Queens Ballroom	Lunch and exhibition		
14:30	Workshops		
	Performing Spirometry Adrian Fineberg - <i>EVP UK & Ireland Healthcare Sales and Service, Vitalograph Ltd</i>	X-ray Interpretation Maria Parsonage - <i>Respiratory Consultant Nurse & Pleural Disease Specialist, North Cumbria</i>	Breathing Pattern Disorder (BPD) Kelly-Marie Wainwright - <i>Pulmonary Rehabilitation Physiotherapist Team Lead, Solent NHS Trust</i>

		<i>Integrated Care (NCIC)</i> <i>NHS Trust</i> John Charles breakout suite 1 & 2	John Charles breakout suite 3
15:30 Palm Court	Sponsored symposium – Insmed Chair: Elaine Bevan-Smith Title: Non-tuberculous mycobacterial - Pulmonary Disease (NTM-PD) – The patient journey and the role of the specialist nurse Speakers: Dennis Wat - <i>Consultant Chest Physician, Liverpool Heart and Chest Hospital</i> and Emma Rickards - <i>Respiratory Nurse Consultant, Liverpool Heart and Chest Hospital</i>		
16:00 Queens Ballroom	Refreshments and exhibition		
16:30 Palm Court	ARNS Got Talent Chairs: Alison Hughes & Joanne King Nominees for Respiratory Excellence Sonia Silk - Respiratory Champion, Gloucester Health Access Centre South West Severe Asthma Respiratory Nurse Specialists Diane Gaiger & the East Lancashire Pulmonary Rehabilitation Service Hood		
17:05	AGM – Members only		
17:15	Close of day one		
19:00 The Queens Ballroom	Drinks reception		
19:30 Palm Court	Black and White Gala dinner and awards ceremony		

ARNS Conference – Friday 12th May 2023			
08:15	Optional wellbeing sessions		
	Owl Society Walk Hotel foyer	Yoga/Meditation Session John Charles Suite	
08:30	Registration, refreshments and exhibition		
09:20 Palm Court	Vice Chair’s Introduction and welcome Joanne King - <i>Respiratory Consultant Nurse, Frimley Health NHS Foundation Trust</i>		
09:30 Palm Court	Session 1 – Oral presentations Chairs: Kate Lippiet Integrating Respiratory Diagnostics as part of physical health checks for adults with Serious Mental Health Illness (SMI): Development of a Lung Check Clinic in primary care with direct access to tobacco dependency services – Sarah Lewis, Tom Butcher, Peter Marriott Face to Face v Remote CPAP Machine Initiation for Obstructive Sleep Apnoea – Sharon Stothard Does symptoms of anxiety correlate with age or lung function (FEV1)? A randomised controlled trial (RCT) of cognitive behavioural therapy (CBT) undertaken by respiratory nurses for anxiety in COPD – Karen Marshall		

10:00 Palm Court	Session 2 – Tobacco Dependency / Vaping and Younger People (Pre Recorded) Chair: Yvonne MacNicol Professor Linda Bauld OBE - <i>Bruce and John Usher Chair in Public Health in the Usher Institute, College of Medicine at the University of Edinburgh and Chief Social Policy Adviser to the Scottish Government</i> Q&A – Lead by Yvonne MacNicol - <i>Lecturer in Nursing, University of Stirling</i>		
10:30 Palm Court	Session 3 – Transition to Adult Services– What does it means for Young People? Chair: Sue Frost Anita Critchlow - <i>Respiratory Advanced Nurse Practitioner Lead</i>		
11:00 Queens Ballroom	Refreshments and exhibition		
11:45 Palm Court	Sponsored symposium - Boehringer Ingelheim Title: Is your patient breathless? Suspect, assess, refer. It could be ILD Chairs: Helen Morris Speaker: Jane Slough - <i>Lead Nurse for Respiratory Conditions, The Leeds Teaching Hospitals NHS Trust</i>		
12:15	Workshops		
	Interpreting Spirometry Adrian Fineberg - <i>EVP UK & Ireland Healthcare Sales and Service, Vitalograph Ltd</i> & Charlene Mhangami Global Senior Application Specialist, , <i>Vitalograph Ltd</i> Ark Royal	X-ray Interpretation Maria Parsonage - <i>Respiratory Consultant Nurse & Pleural Disease Specialist, North Cumbria Integrated Care (NCIC) NHS Trust</i> John Charles breakout suite 3	Breathing Pattern Disorder (BPD) Kelly-Marie Wainwright - <i>Pulmonary Rehabilitation Physiotherapist Team Lead, Solent NHS Trust</i> John Charles breakout suite 1 &2
13:15 Queens Ballroom	Lunch and exhibition		
14:15 Palm Court	Sponsored symposium – GSK Title: Simplifying Patient Care in COPD Chair: Sara Mason Speaker: Laura Rush - <i>Respiratory specialist practice nurse lead and independent respiratory nurse specialist in Somerset & Respiratory Champion in her local PCN and Dr Roshan Siva, Associate Medical Director for Research and Development and Chest Clinic Consultant, Croydon University Hospital, London</i>		
14:45 Palm Court	Session 5 - National Adult breathlessness pathway (pre-diagnosis) and diagnostic pathway support tool Chair: Lucy Speakman Sarah Kearney- <i>Respiratory Clinical Nurse Specialist, Isle of Wight NHS Trust</i> Karen Heslop-Marshall - <i>Nurse Consultant, Newcastle upon Tyne NHS Foundation Trust</i> Action for Pulmonary Fibrosis Patient Story		
15:30	Competition Prize Awards Chairs: Alison Hughes & Joanne King		

Palm Court	
15:45	Close of conference Chairs: Alison Hughes & Joanne King